

VJK KB Diksmuide 26: Session: 5: COACH evaluation sheet for TEAM: DBT

Coachinfo: Warming up from: 07:30 untill 08:45. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Smet Kathleen HEADCOACH

Coaches: De Wit Tessa

Coaches: Theunissen Davey

PB => Personal Best time SB => Seasons Best time: Season starting point: first of September.

Event number: 51: 200M BREASTSTROKE MEN 15-16							Heat:1, starttime: 09:00	
Heat: 1/2 Lane : 1 Athlete: JANSSEN THIBE							Q-time: 02:57:00	
PB (25m pool): 02:38.90 3500 Hasselt 18/10/2026							PB (50m pool): 02:57.00 SB: 02:38.90 3500 Hasselt 18/10/2026	
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:35.47		01:16.34		01:58.72		02:38.90
	00:35.47		00:40.87		00:42.38		00:40.18	
								

Coach feedback:

Event number: 52: 200M BREASTSTROKE WOMEN 15-16							Heat:3, starttime: 09:14	
Heat: 3/3 Lane : 4 Athlete: BROUWERS CHARLOTTE							Q-time: 02:33:87	
PB (25m pool): 02:33.87 3500 Hasselt 23/11/2025							PB (50m pool): 02:39.19 SB: 02:35.24 Hasselt 04/10/2026	
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:34.57		01:13.44		01:53.35		02:33.87
	00:34.57		00:38.87		00:39.91		00:40.52	
								

Coach feedback:

Event number: 52: 200M BREASTSTROKE WOMEN 15-16							Heat:3, starttime: 09:14	
Heat: 3/3 Lane : 8 Athlete: POEL MAREN							Q-time: 02:47:09	
PB (25m pool): 02:47.04 3500 Hasselt 18/10/2026							PB (50m pool): 02:51.12 SB: 02:47.04 3500 Hasselt 18/10/2026	
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:37.61		01:20.44		02:04.22		02:47.04
	00:37.61		00:42.83		00:43.78		00:42.82	
								

Coach feedback:

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Event number: 53: 100M BUTTERFLY MEN 11-12					Heat:3, starttime: 09:22
Heat: 3/9 Lane : 2 Athlete: VANBRABANT NOAH					Q-time: 01:30:62
PB (25m pool): no time			PB (50m pool): 01:30.62 SB: no time		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 53: 100M BUTTERFLY MEN 11-12					Heat:4, starttime: 09:24
Heat: 4/9 Lane : 6 Athlete: MOORS LIAM					Q-time: 01:26:47
PB (25m pool): 01:26.47 Pelt 27/09/2026			PB (50m pool): 01:36.40 SB: 01:26.47 Pelt 27/09/2026		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:37.57		01:26.47	
	00:37.57 00:48.90				
					

Coach feedback:

Event number: 54: 100M BUTTERFLY WOMEN 11-12					Heat:4, starttime: 09:42
Heat: 4/10 Lane : 5 Athlete: CLAES JANNE					Q-time: 01:27:25
PB (25m pool): 01:27.25 Beringen 08/02/2026			PB (50m pool): 01:27.58 SB: no time		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:40.35		01:27.25	
	00:40.35 00:46.90				
					

Coach feedback:

Event number: 54: 100M BUTTERFLY WOMEN 11-12					Heat:8, starttime: 09:50
Heat: 8/10 Lane : 1 Athlete: VREYS ANSE					Q-time: 01:21:06
PB (25m pool): 01:22.49 Beringen 08/02/2026			PB (50m pool): 01:21.06 SB: no time		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:38.04		01:22.49	
	00:38.04 00:44.45				
					

Coach feedback:

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Event number: 54: 100M BUTTERFLY WOMEN 11-12					Heat:10, starttime: 09:54
Heat: 10/10 Lane : 5 Athlete: VAN HEES LENTHEL					Q-time: 01:13:07
PB (25m pool): 01:12.81 Nijlen 18/10/2026					PB (50m pool): 01:13.07 SB: 01:12.81 Nijlen 18/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:33.83		01:12.81	
	00:33.83		00:38.98		
					

Coach feedback:

Event number: 59: 100M FREESTYLE MEN 11-12					Heat:1, starttime: 10:35
Heat: 1/10 Lane : 5 Athlete: MOORS LIAM					Q-time: 01:15:94
PB (25m pool): 01:15.94 Bree 31/05/2026					PB (50m pool): 01:18.35 SB: 01:17.15 Pelt 27/09/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:37.07		01:15.94	
	00:37.07		00:38.87		
					

Coach feedback:

Event number: 59: 100M FREESTYLE MEN 11-12					Heat:2, starttime: 10:37
Heat: 2/10 Lane : 4 Athlete: VANBRABANT NOAH					Q-time: 01:12:68
PB (25m pool): 01:12.68 Hasselt 04/10/2026					PB (50m pool): 01:14.33 SB: 01:12.68 Hasselt 04/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:34.19		01:12.68	
	00:34.19		00:38.49		
					

Coach feedback:

Event number: 60: 100M FREESTYLE WOMEN 11-12					Heat:6, starttime: 11:01
Heat: 6/10 Lane : 5 Athlete: CLAES JANNE					Q-time: 01:08:81
PB (25m pool): 01:08.81 Hasselt 04/10/2026					PB (50m pool): 01:10.61 SB: 01:08.81 Hasselt 04/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:33.18		01:08.81	
	00:33.18		00:35.63		
					

Coach feedback:

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Event number: 60: 100M FREESTYLE WOMEN 11-12					Heat:7, starttime: 11:02
Heat: 7/10 Lane : 1 Athlete: VREYS ANSE					Q-time: 01:08:61
PB (25m pool): 01:08.61 Hasselt 04/10/2026					PB (50m pool): 01:08.89 SB: 01:08.61 Hasselt 04/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:32.91		01:08.61	
	00:32.91		00:35.70		
					

Coach feedback:

Event number: 60: 100M FREESTYLE WOMEN 11-12					Heat:10, starttime: 11:07
Heat: 10/10 Lane : 5 Athlete: VAN HEES LENTHEL					Q-time: 01:04:07
PB (25m pool): 01:04.04 Nijlen 18/10/2026					PB (50m pool): 01:04.65 SB: 01:04.04 Nijlen 18/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:31.06		01:04.04	
	00:31.06		00:32.98		
					

Coach feedback:

Event number: 61: 200M BACKSTROKE MEN 13-14						Heat:2, starttime: 11:13		
Heat: 2/5 Lane : 6 Athlete: LEMMENS LARS						Q-time: 02:37:31		
PB (25m pool): 02:30.26 3500 Hasselt 18/10/2026						PB (50m pool): 02:40.57 SB: 02:30.26 3500 Hasselt 18/10/2026		
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:35.15		01:14.02		01:53.42		02:30.26
	00:35.15		00:38.87		00:39.40		00:36.84	
								

Coach feedback:

Event number: 63: 100M MEDLEY MEN 15-16					Heat:2, starttime: 11:47			
Heat: 2/4 Lane : 4 Athlete: BAELEN TOBE					Q-time: 00:59:86			
PB (25m pool): 00:59.86 Hasselt 04/10/2026					PB (50m pool): no time SB: 00:59.86 Hasselt 04/10/2026			
	2 5 M	5 0 M	7 5 M	1 0 0 M				
PB		00:27.20		00:59.86				
	00:27.20		00:32.66					
								

Coach feedback:

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Event number: 64: 100M MEDLEY WOMEN 15-16					Heat:5, starttime: 12:00
Heat: 5/5 Lane : 4 Athlete: BROUWERS CHARLOTTE					Q-time: 01:05:22
PB (25m pool): 01:05.22 Bree 01/06/2025					PB (50m pool): no time SB: 01:06.04 Hasselt 04/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:05.22	
	no time				
					

Coach feedback:

Event number: 64: 100M MEDLEY WOMEN 15-16					Heat:5, starttime: 12:00
Heat: 5/5 Lane : 6 Athlete: MELOTTE PIA					Q-time: 01:08:90
PB (25m pool): 01:08.90 Bree 01/06/2025					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:08.90	
	no time				
					

Coach feedback: